

Carbon Footprint Report

July 2024



Definitions

Carbon Neutral



Carbon Neutral is a term used to represent where carbon expenditure is equal to carbon captured. It is usual for there to be an element of carbon reduction as well as carbon capture and off-setting.

Net Zero



Net Zero on the other hand, is the equivalent of Carbon Neutral but covers all gases classed as Greenhouse Gases, which are gases that cannot pass through the Earth's atmosphere and therefore contribute to global warming.

Greenhouse Gas Protocol



The Greenhouse Gas (GHG) Protocol is a way to identify GHG-emitting processes. It classifies the gases, so we all know which activities produce the worst emissions and which to tackle first.

2045



We have picked 2045 as our Net Zero target year, not just because it's when we'll be turning 40, but as the NHS have asked this of all their provider. We hope to have achieved Net Zero before then!

Being a responsible business



Being a responsible, sustainable business was one of the founding values on which we started OneMedical Group. It is great to be able to say that as we approach our twentieth year, we're now in a position to understand and tackle our carbon footprint. This year, we've achieved ISO 14001 certification which helps all of the team focus on what needs doing to drive towards a future of success.

In this report, we document the second year of our journey towards Net Zero 2045. Are we there yet? Definitely not, but through more accurate systems we have been able to track our footprint more precisely, which is helping us move in the right direction. As a result of these improvements the scope of what we can actually track has increased. As a result, we now have a larger footprint compared to last year, but you'll see some improvements to how we're operating, both as a business and as individuals.

Here we're reporting our OneMedicare footprint which includes ten primary care and seven urgent care services, as well as that of our Central Support Centre. OneMedical Property's footprint is reported differently through BREEAM accreditation for our sites.

This report has been reviewed and signed off by our Board of Directors. It sits alongside our Carbon Reduction Plan and Responsible Business Policies, all of which are reviewed quarterly and are available on our website.



A handwritten signature in grey ink, appearing to read "Rachel Beverley-Stevenson".

Rachel Beverley-Stevenson
Co-Founder, Chief Executive



CELEBRATING OUR 20th ANNIVERSARY IN 2024

Our Company Strategy



Environmental stewardship is, and has always been, core to our company strategy. As we approach our twenty-year anniversary, it forms a key part in developing how we will work to our Net Zero goal.



Our purpose

We are building a healthier future for all

Our vision

We want to see people thrive through better health and wellbeing



WeAreOne

Our values



PEOPLE
FIRST



WORKING
TOGETHER



A HEALTHIER
FUTURE

Where we deliver our strategy



Our strategic objectives

- Deliver excellence in outcomes, safety and experience
- Business and financial strength, sustainability and growth
- High performance behaviours and operational effectiveness
- Positive impact on society and our environment
- The leading employer of choice in our sector

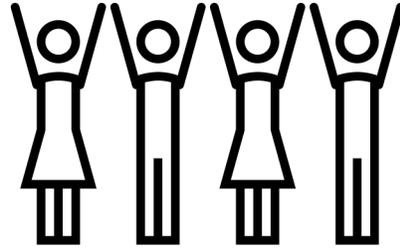
Driven by our six C's

Communication
Clarity
Consistency
Connectivity
Curiosity
Courage

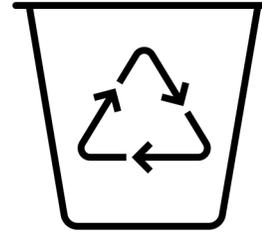
Our Results

869.4
Tonnes CO₂e

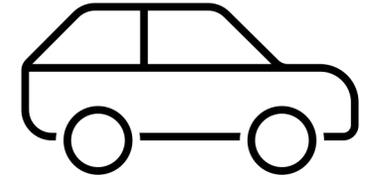
Total estimated Carbon Footprint. This is equal to 1,487 passengers flying to Munich and back.



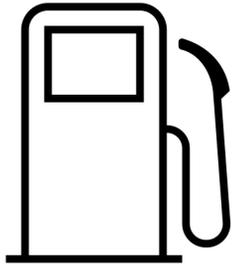
Equates to 2.31 tonnes CO₂e per employee.



89.11 tonnes CO₂e saved by diverting waste from landfill.



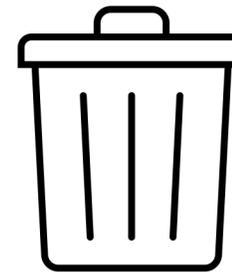
169.27 tonnes CO₂e cumulative travel for and to work. Equates to 0.45 tonnes CO₂e per employee.



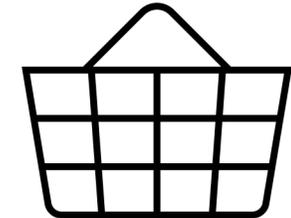
£24,696.51 spend on fuel cards. Mileage to be incorporated into expenses form for next period. This is an increase on the previous year due to locations of new services.



Water use increased due to a leak to 86.88 tonnes CO₂e.



Total waste to landfill produced a footprint of 272.9 tonnes CO₂e.



63% of our preferred suppliers have a carbon reduction plan or green strategy and/or certificate. Over the next year, we will look to measure our procurement footprint.

OneMedical Group achieves ISO 14001 Certification



OneMedical Group is pleased to be able to announce that this year, we have taken a significant stride towards our Net Zero goal by implementing an environmental management system, which along with our quality management system has achieved certification through ISO Quality Services Limited.

This is only the start of our journey though, our management system gives us all practical ways of working to identify, understand and reduce our negative impacts.

Having the two ISO certifications also helps us to pull together as a team, incorporating all these great ways of working, to be the best we can and provide services to customers, clients, patients, and the communities in which we work.



**ISO
14001**

Environmental
Management
Certification



**ISO
9001**

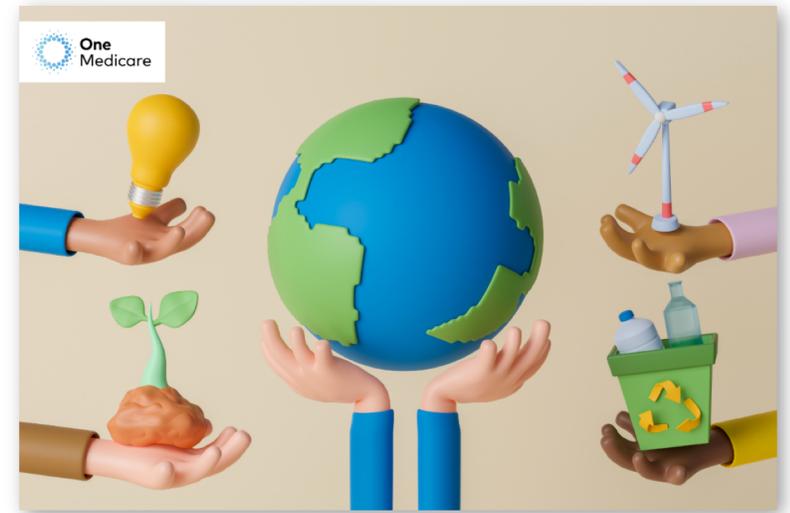
Quality
Management
Certification

Environmental Action Plan

OneMedicare's Environmental Action Plan 2024 to 2028 maps out five years of activity to manage, monitor and continually improve the team's environmental impact. It is available to view on our website.

We are still working on our 2024 actions:

- Accurate measurement of our carbon footprint across GHG Scopes 1-3
- Continual compliance with applicable legislation
- Understanding our preferred suppliers' sustainability credentials
- Increasing internal colleague engagement around our environmental impact
- Sharing information with patients on environmental themes including travel, digital access, winter safety and carbon footprints



ESG Governance Policy

Scope

OneMedical Group is an ethical, responsible, and environmentally-conscious employer, working with and supporting likeminded stakeholders. We are committed to measuring, managing, and reporting on our impacts, both positive and negative.

The Board of Directors is committed to complying and keeping up to date with all legal requirements applicable to our industry, our people, and our environmental footprint.

The OneMedical Group ESG Governance Policy covers all activities undertaken by OneMedicare and OneMedical Property.



Rachel Beverley-Stevenson
CEO

Objectives

Becoming an inclusive employer of choice by ensuring we are recruiting in the right way and then enabling our employees to bring their authentic selves to work by understanding and supporting things that are important to them.

Working in line with best practice under internationally recognised standards such as ISO 14001 (Environmental Management Systems) including supply chain audits, and internally and externally reporting on our impacts.

Understanding, measuring and monitoring, our carbon footprint, what elements we can control and what we can influence, and in so doing, being a more responsible user of carbon-emitting products, services, and ways of working.

Engaging and educating our employees and stakeholders so that we all aware of the day-to-day factors which contribute to our carbon footprint and that negatively and positively affect the environment.

We will review our progress annually with the Board of Directors and aim to publish a report on our company website.

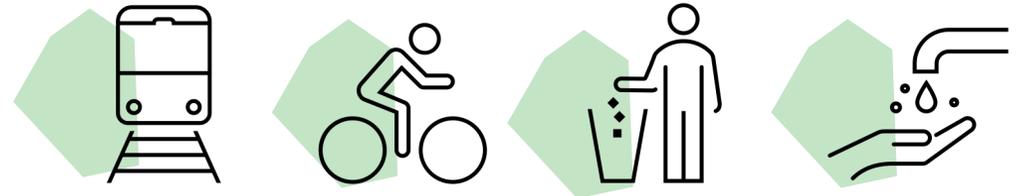
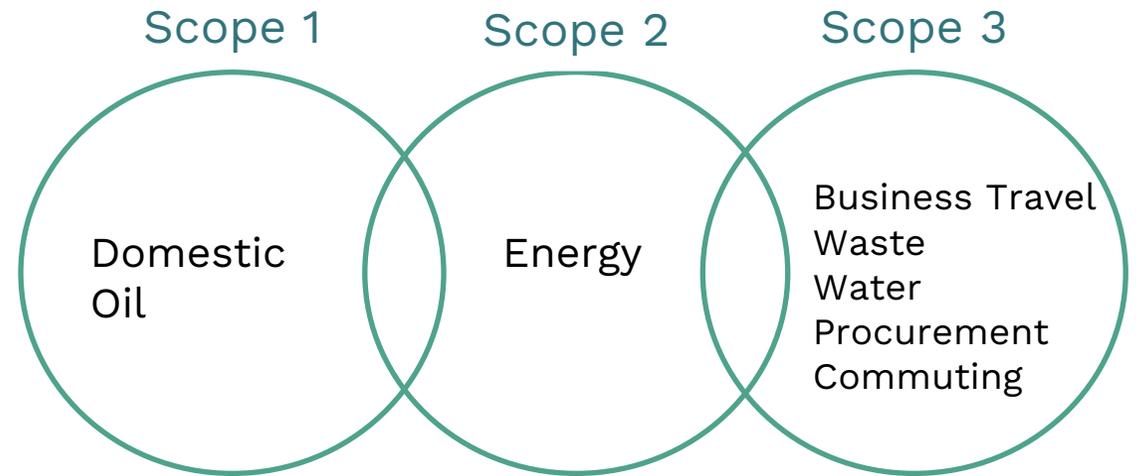
Our Environmental and Social Action Plans (see website) provide more details on what we measure, monitor, and report on.

Greenhouse Gas Protocol (GGP)

Scopes included in carbon footprint



We use the scopes set out in the GGP to understand what makes up our carbon footprint. As we are still in an initial phase of reporting, we are able to report on most of Scopes 2 and 3 but not all.



What we can 'control' and what we can only 'influence'



From company inductions onwards, all colleagues are trained and engaged in helping to manage and maintain our ISO 14001 certified environmental management system, which in turns helps us to manage and reduce our negative environmental impact. We have a sustainability management team led by a Board Member and our ISO certifications feed into our senior assurance team.



We have made improvements in understanding our preferred supplier list and their own sustainability credentials. From our top preferred suppliers, 63% have either a carbon reduction plan or a green strategy and/or certification in place. Through our financial reporting procedures, we are still only able to report part of our travel carbon footprint in CO2e terms. There is still an amount which we can only report in spend and have used estimated data where needed.



We are still unable to give full figures for utilities used at services where we have landlords who do not provide the data. We are instead provided with an invoice and have had to include an estimated CO2e for the purposes of this report.

Fuel Cards

We currently have 21 fuel cards. Our fuel cards record spend only and do not give us a guide to miles travelled. During the reporting period we were contracted to provide two new services (Milton Keynes and Minehead) which incurred additional travel to support their initial set-up phase.

To allow for personal use on the Fuel Cards, we decrease the spend by 49%, giving us a spend of £24,696.51 for 2023 to 2024.

Fuel Type	2022-2023	2023-2024	Cost difference
Diesel	£18,527.47	£28,848.07	£10,320.60
Premium Diesel	£117.99	£2,447.89	£2329.90
Premium Unleaded	£1,650.26	£4,259.11	£2608.85
Unleaded	£15,638.77	£13,801.95	-1836.82
Total	£35,934.49	£49,393.02	£13,458.53 increase

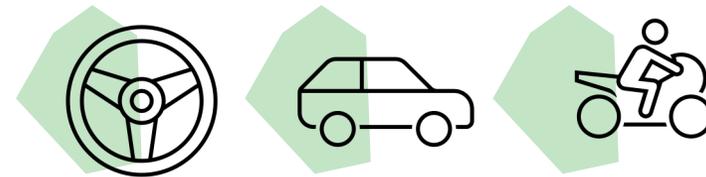


Mileage

We travelled 24,338.5 miles during the reporting period. This data is collated from our company expenses forms. To calculate our carbon footprint, we needed a guide as to types of vehicles and fuel used. We used the breakdown given in our fuel cards as a guide, therefore assuming 63% diesel (4.19 tonnes CO2e) and 37% unleaded (2.38 tonnes CO2e).

We therefore estimate that our mileage carbon footprint is 6.57 tonnes of CO2e.

Annual mileage		
Total Mileage 2022-2023	Total Mileage 2023-2024	Difference (Mileage)
24,200 miles	24,338.5 miles	138.5 mile increase
Annual mileage converted to CO2e		
CO2e 2022-2023	CO2e 2023-2024	Difference CO2e
6.65 tonnes	6.57	-0.08 tonnes decrease



Air Travel

We made one return flight between our Leeds and Aberdeen sites, giving us a carbon footprint of 1.53 tonnes CO₂e. This was a decrease of six return flights compared to the previous reporting period.

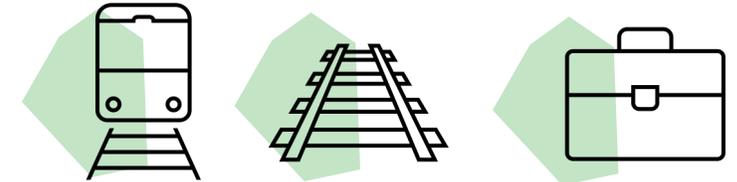
We therefore reduced our carbon footprint by 9.18 tonnes of CO₂e.



Train Travel

We significantly decreased our travel by train, travelling only 388 miles compared with 6,937 miles in the previous reporting period. This gives us a carbon footprint of 0.09 tonnes CO₂e.

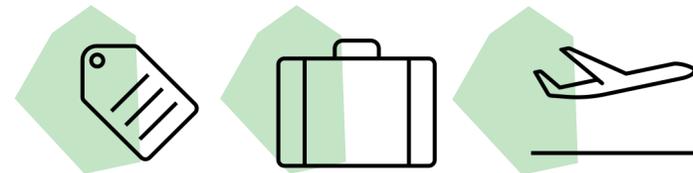
We therefore reduced our carbon footprint by 1.57 tonnes of CO₂e.



Taxis

Based on an average car with unknown fuel type, travelling 11 miles by taxi gives us a carbon footprint of 0.01 tonnes of CO₂e.

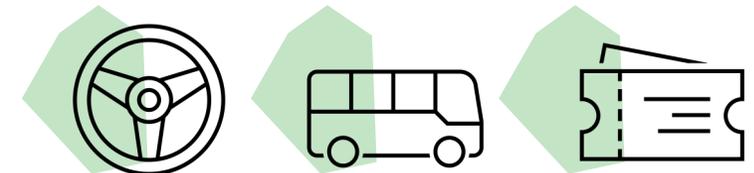
We therefore reduced our carbon footprint by 0.02 tonnes of CO₂e.



Buses

Although we did not make any journeys by bus during this reporting period, and therefore decreased our usage by 23 miles, the carbon footprint remains the same at 0.00 CO₂e.

Our travel by bus carbon footprint remains the same.



Travel to work

Our second annual travel to work survey again helped us to understand our colleague's commuting footprint. As we did for business mileage, we used the breakdown from our fuel cards as a guide to employee cars, assuming 63% diesel and 37% petrol.

From the figures here, we can show some change to an increased trend towards more sustainable modes of transport. We have also been able to see more of our footprint than last year, hence the much larger total figure.

For those driving on their own, we have a footprint 149.07 tonnes of CO2e.

For those car sharing, our footprint is 10.07 tonnes of CO2e, and those taking the bus 1.08 tonnes CO2e. Colleagues commuting by train have an estimated footprint of 0.85 tonnes CO2e.

We therefore estimate that our total travel to work carbon footprint for the period is 161.07 tonnes of CO2e.

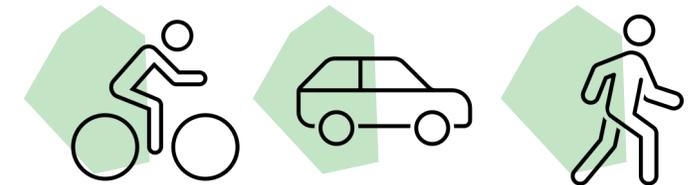
Mode of travel	Percentage of colleagues 2023-2024	Change since previous year
Car (on own)	74%	12% decrease
Car Share	10%	10% increase
Electric Car	0	New for this year
Taxi	0	2% decrease
Bicycle	2%	2% increase
Electric Bicycle	0	New for this year
Walk/Run	10%	10% increase
Train	2%	2% increase
Tram	0	No change

Distance from place of work	Percentage of colleagues 2023-2024	Change since previous year
0-1 mile	14%	12% increase
1-5 miles	33%	2% increase
5-10 miles	24%	4% increase
10-20 miles	16%	1% decrease
20+ miles	13%	17% decrease

Mode of travel	Percentage of colleagues 2023-2024	Change since previous year
Underground	0	New for this year
Motorbike	0	New for this year
Scooter	0	New for this year
Bus	4%	4% increase
Other	0	No change

More colleagues are choosing shared and more sustainable modes of transport to get to work.

More colleagues live nearer to work and have a shorter commute.



Water

We can track actual water usage at four of our services. This reporting period they used 2,385.3 cubic meters of water. Using an assumption that a cubic meter generates 10.6kg of co₂, that gives us a carbon footprint of **25.28 tonnes of CO₂e**.

Year-on-year, this is an increase of one third (8.51 tonnes), which is partially due to an unexpected leak at one of our services as well as increased patient footfall.

If we used an approximate figure of water used at a primary care service being 150m³ (including actuals), that would give us a primary care water footprint of 16 tonnes of CO₂e. The same principle applied (but using an approximate average figure of 1,500m³ and actuals) that would give us an urgent care water footprint of 69.28 tonnes of CO₂e. Together that gives an estimate amount of 85.28 tonnes of CO₂e.

We have also assumed that our footprint for the central support centre will also be roughly the same as one of our primary care sites and have a footprint of 150m³ or 1.6 tonnes of CO₂e.

We therefore estimate that our total water carbon footprint for the period is 86.88 tonnes of CO₂e.



Gas

We use the data we are provided through direct invoicing to our services, to estimate full gas usage across all our services. We are still working with our landlords to access the fuller data.

We therefore estimate that our total gas usage is 1,025,780 kWh giving us a carbon footprint for the period of 217.80 tonnes of CO₂e.

Electricity

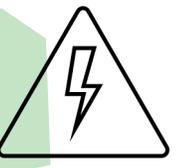
We use the data we are provided through direct invoicing to our services, to estimate full electricity usage across all our services. We are still working with our landlords to access the fuller data.

We can therefore estimate that our total electricity usage is 894,393.4 kWh giving us a carbon footprint for the period is 190 tonnes of CO₂e.

Domestic Oil

At our central support centre, we use domestic oil to run parts of our heating systems. We used 8,537 litres of oil which is a decrease of nearly 2,500 litres compared to the previous year.

We therefore estimate that our total oil carbon footprint for the period is 21.66 tonnes of CO₂e.



Waste

We can track general waste at most of our services, totalling 186.98 tonnes sent to landfill. This would equate to a **waste carbon footprint of 102.5 tonnes CO2e.**

We have used the data to use like-for-like amounts for services where waste management is handled by our landlords as part of an annual service charge and figures not passed onto us. This would give us an estimated carbon footprint of 232.27 tonnes CO2e.

Summary of all waste

Disposal	Measurable	Estimated
Landfill	102.5 tonnes CO2e	232.27 tonnes CO2e
Clinical Waste	9.56 tonnes CO2e	40.63 tonnes CO2e
Totals	112.06 tonnes CO2e	272.9 tonnes CO2e

Disposal	Measurable	Estimated
Recycling	18.5 tonnes CO2e	89.11 tonnes CO2e



Clinical Waste

We can track clinical waste disposal amounts for four of our services. For the reporting period 1st April 2023 to 31st March 2024, we disposed of 18.37 tonnes of clinical waste.

We have again used the 'Commercial & Industrial Waste' emission factors from www.gov.uk/government/publications/greenhouse-gas-reporting-conversion-factors-2023.

Our total waste carbon footprint for the four services for the period is 9.56 tonnes of CO₂e.

Estimated footprint for other services

The services for which we have accurate data represent a variety of our smaller and larger services and so are a good guide to be able to estimate the fuller clinical waste created by our 17 services.

Our total estimated waste carbon footprint for all our services would therefore be 40.63 tonnes of CO₂e.

Recycling

Across our services, we can show a percentage of data, with the rest being included in a monthly financial charge by our landlords.

We therefore know that we have diverted 35.6 tonnes of waste from landfill through recycling an increase of 10.14 tonnes against the previous reporting period.

Estimated waste diverted for all services

Applying the same principle to recycling as we did clinical waste, we estimate we have diverted 89.11 tonnes from landfill through recycling.

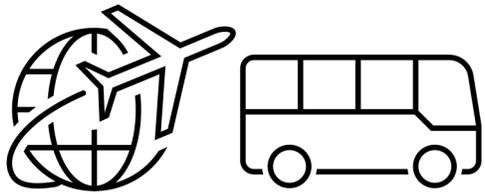
The 35.6 tonnes of waste that we can account for, is a saving of 18.5 tonnes of CO₂e.



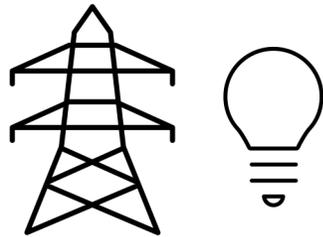
We used the conversion factors from www.merseysidewda.gov.uk/volume-to-kgs to calculate these figures.

2024 to 2025 Focus Areas

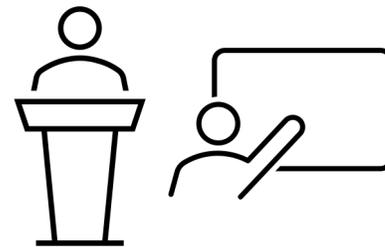
Throughout the next reporting period, we have chosen a few areas to focus on. We believe these areas have the greatest impact on our current carbon footprint and improving the figures in these areas would help bring down our numbers significantly.



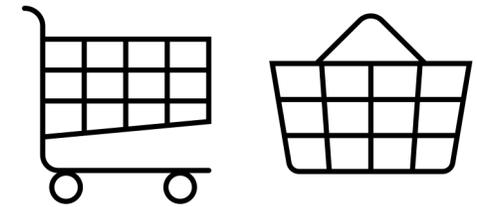
Creation and roll out of a group-wide Sustainable Travel Policy.



Review of energy usage across the business.



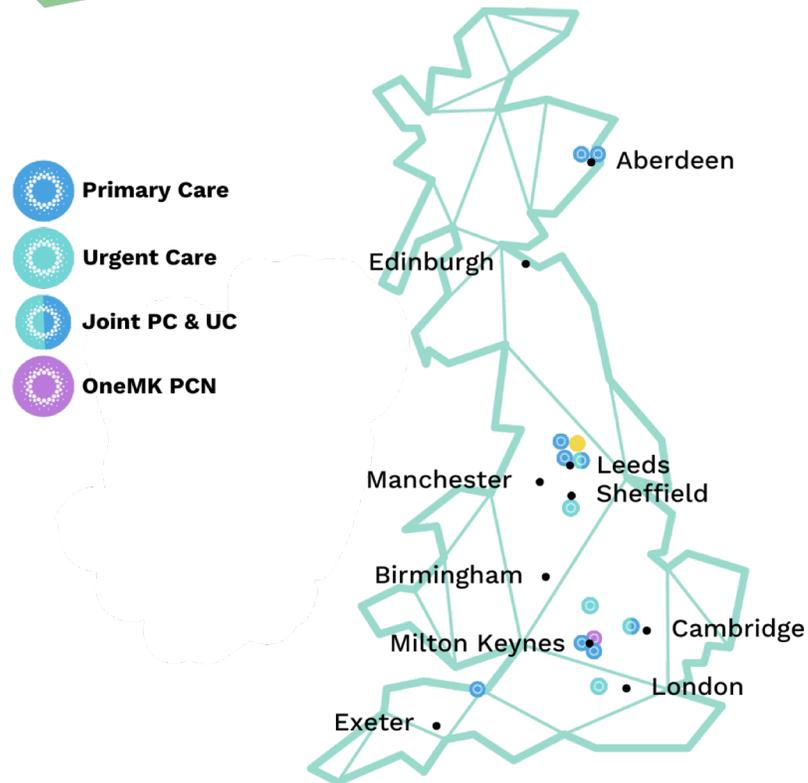
Increase sustainability training for all.



Review what we're buying, where it comes from and what happens to it when we're finished using it.

Next report: July 2025

Where we work



Get in touch

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